

MIT Academy Players Expectations

Acceptable and Expected Behaviors

- PREPARED- Arrival ahead of start time - prepared and on time fo practice
- EQUIPMENT- Ready For Play- Rackets Strung, Grips on Rackets
- NUTRITION- Organized nutrition & hydration during training- Water, Gatorade and Snacks
- GEAR- Sunscreen, Hat, Apparel, Socks & Shoes- Pocket Shorts, Dry-Fit Clothes, Great Footwear
- PHYSICAL HEALTH- Sleep and Rest- Proper prior nutrition, stretching & massage
- EFFORT- 110% effort, focus, concentration and determination- EVERY DAY
- RESPECT- To yourself, coaches, teammates, guests, parents, courts and host facility
- COMMITMENT- Coming with a positive & caring attitude & a commitment to success
- CHARACTER- Believing in yourself, trusting the process & enjoying daily the training experience
- RESPONSIBILITY- To make the most of everyday, willingness to succeed, fail, and try again
- DEVELOPMENT- Determined to practice hard, improve, learn, listen and grow as a player and person
- PROFESSIONAL- communication & organization of schedule, notice for absence, late arrival or leaving early

Unacceptable Actions and Behaviors

- DISRESPECT- Lack of care & concern for your teammates, coaches, parents
- INAPPROPRIATE LANGUAGE- Swearing, screaming, obnoxious outbursts
- MEAN & INSENSITIVE BEHAVIOUR- Racial, sexual, or social slurs or any kind
- PHYSICAL OR EMOTIONAL NEGATIVITY- rough contact, embarrassing or shunning others

- EQUIPMENT ABUSE- Racket banging or throwing, water bottle or tennis bags disrespecting
- VANDALISM TO MIT FACILITY- Harm to Doors, Fences, chairs, ball carts, bathrooms, & play fields
- PERSONAL HARM OR SHAME- Not Trying, Blaming Yourself, Quitting, Cheating, Lying or Stealing
- LOSS OF MENTAL FOCUS- Checking Out, Negative thoughts, Losing Interest, Not wanting to attend

In addition, players are expected to be great role models to other younger and older kids training at the academy, and also while hosting guests for training and competition, as well as when we are traveling or competing at other facilities, tournaments or Jr. Team Tennis matches throughout the summer and also during the winter. Our MIT players are expected to be ambassadors of junior tennis and leaders in the local and national tennis communities for players of all ages. We expect our MIT athletes to carry themselves with the highest standards of character and exemplify professional and mature attitudes both on and off the courts. Our expectations extend to how we treat others, ourselves, our families and coaches whether at home, on the courts, and out socially together.

Upon acceptance of your invitation to start participation in our summer academy training and curriculum schedule, all players will receive our Minnesota International Tennis Academy Sportsmanship and Professional Passport of Conduct which covers all on court and off court rules and guidelines for participation and expectations, as well as guidelines for housing rules for international boarding students and tournament travel. Each Player and Parent will sign their own specific player passport for guidelines and expectations of acceptable behavior while attending MIT Academy.

High Level Serious Infractions include zero-tolerance violations that are harmful enough in nature and represent a profound disregard for the safety, health and security of yourself, teammates, staff and facilities both on and off the courts. If serious enough, such violations will result in immediate expulsion of the academy with no refund.

Moderate Level Infractions include behavior and lack of respect and integrity for MIT Academy program, yourself, players, coaches, families and facility, These infractions will be checked on a 3 strike system and after 3 infractions players will be asked to leave program with no refund.

We are striving to be the best at MIT Academy, and our best includes having the highest expectations for our player, parents and coaches all along the way. Success at the highest level requires a commitment from all three components of this "training and development Triangle". We want everyone to enjoy what MIT Academy has to offer in vision, curriculum and execution, and that requires the support, effort and wiliness to succeed from all three components of the "Triangle".

We want to promote a healthy lifestyle, a pathway for excellence and exceptionalism that will transcend strong values and disciplined focus into a child's future successes in tennis and into adult life. We measure our success not in wins and losses at the junior tournament level, but instead in the development of personal character building and mature responsible behavior. It is the desire to see achievement through participation and enjoyment of the training process and to have your children develop and grow collectively as an high level athletes, a masters of tennis skill and competitive participation, and as an individuals with a strong sense of self, character, and esteem.